

Grade 3 Physical Education



- Efficiently performs more complex locomotor and non-locomotor skills and combinations while maintaining good body control
- Demonstrates more complex combinations of manipulative skills (i.e. striking) using a variety of implements and different body parts
- Applies movement concepts (i.e. flow, force) to movements
- Performs rhythmic patterns through creative or cultural dance movement, as well as through movement activities using manipulatives
- Participates in a variety of moderate to vigorous physical activities that promote fitness and an understanding of the components as defined by the Connecticut Physical Fitness Assessment
- Participates movement tasks (both on the floor and on the apparatus) that require creative or critical thinking
- Participates in cooperative adventure and group activities that require teamwork to achieve success