

Grade 4 Physical Education



- Performs combinations of locomotor, non-locomotor, and manipulative skills, including an introduction to specific sport skills and sequences on the educational gymnastic apparatus
- Applies movement concepts (i.e. space, force, acceleration) to a variety of activities and games
- Performs rhythmic patterns involving creative or cultural dance movement
- Develops a working understanding of the components as defined by the Connecticut Physical Fitness Assessment and ways to improve their own fitness level
- Participates in games, activities, and tasks that require creative or critical thinking/problem solving
- Participates in cooperative adventure and group activities that require teamwork to achieve success