

Grade 5 Physical Education



- Performs more complex combinations of locomotor, non-locomotor, and manipulative skills, including specific sport skills and educational gymnastic routines
- Applies movement concepts (i.e. space, force, acceleration) to a variety of activities and games
- Performs more complex rhythmic patterns involving creative or cultural dance movement
- Participates in and develops strategies for improvement of selected fitness components from the Connecticut Physical Fitness Assessment.
- Participates in games and activities and solves tasks that require creative or critical thinking
- Participates in competitive and cooperative activities that require effective interpersonal communication, individual skills, and teamwork to achieve success.