

Physical Education ~ Grade 6

Mr. Troy W. Jones
6th Grade Physical Education
Troy_Jones@whps.org
860-233-8236 (x1306)

Mr. Peter Gustafson
6th Grade Physical Education
Peter_Gustafson@whps.org
860-233-8236 (x1398)

During physical education your child will be focusing on concepts such as cooperation, teamwork, communication, fitness for life, sportsmanship, skill and strategy development and of course enjoyment. Our King Philip curriculum is designed around a variety of units to help your child grow physically, mentally and socially. Here are a few of the units we will be participating in.

- **Soccer, Ultimate Frisbee, Basketball, Volleyball, Flag Football and Lacrosse:**

What do I need to do to be an effective player?

What makes a successful player?

What makes a successful team?

How can the use of open space make me a better player?

- **Adventure Education:**

How does what I say or do effect my group?

How do we solve this problem as a team?

- **Track and Field:**

What makes someone successful in track and field?

- **Creative Dance:**

What makes a quality creative dance?

What does this creative dance express?

- **Fitness:**

Am I fit and healthy?

How do I stay fit and healthy?

How do I improve my fitness and health?

Why is it important to be physically active?

Grading:

Most days, students will receive a daily grade based on physical activity and personal responsibility levels. For students to receive full credit (95 points) they need to have met the following criteria. Points will be deducted if the student fails to meet the criteria.

1. Changes into appropriate clothing and footwear.
* If a child does not change or have appropriate footwear, the highest daily grade they can receive is a 75.
2. Actively participates in all activities including the dynamic warm up.
3. Follows directions and stays on task without reminders.
4. Cooperates positively with peers and teachers.
5. Follows all rules in the King Philip student handbook.

During each unit, students will also be graded on two performance based tasks. For example, in the creative dance unit students will choreograph, practice and perform a creative dance routine. Each performance based task will be worth 100 points.

General Descriptors:

- **Being Prepared for Class:** Has a *change* of shirt, a *change* of shorts/pants and is wearing sneakers. “*Change*” is defined as: Different from the clothing worn to school that day.
- **Effort:** Focused energy, purposeful movement, heavy breathing, actively participating both physically and mentally, actively engaged.
- **Maintains a Respectful, Positive Attitude:** Verbally encourages others, willingness to work with anyone, cooperative, respectful and sensitive.
- **Safety:** Makes safe decisions that are specific to each unit.

*** Parents and guardians are encouraged to check the PowerSchool Parent Portal regularly for updates on grades and progress made. ***

We hold our expectations very high in physical education class and we expect you to have the same of us. If you have any questions, comments or feedback we would love to hear from you. The best way to reach us is via email. Thank you and we are looking forward to a wonderful year with your child!

Mr. Jones & Mr. G ☺