

West Hartford Health Advisory Council
Agenda
October 17, 2013
5:00-6:30PM
Town Hall, Room 400

- **Welcoming**
- **Overall workings of Health Council**
 - Purpose and parameters
 - Meeting dates-agendas and minutes
 - Membership
 - Calendar of events
- **Health topic focus: Physical Wellness (fitness, nutrition)**
 - ✓ Growing Great Schools <http://growing-great-schools.org/> Claire Zholov
 - ✓ Nutrition Education with Parents Kids Eat Right Sarah Bourque
<http://www.eatright.org/kids/> web site
<http://www.youtube.com/watch?v=rVveQILciNE> video overview
 - ✓ Bike West Hartford <http://www.bikewesthartford.org/>
 - ✓ Physical Education /Health Education curriculum and extended curriculum
- **Stakeholders highlights of happenings/events**
- **Stakeholders health-related questions or concerns**
- **Wellness Policy review**
- **Agenda for January 16th meeting**
 - ✓ Health topic focus- Emotional/Mental/Social Well-being OR Substance Abuse Update OR other
 - ✓ Wellness Policy-section on going outside when too hot, other
 - ✓ Stakeholders highlights of happenings/events
 - ✓ Stakeholders health-related questions or concerns

Any questions or concerns, please do not hesitate to contact me. Looking forward to working with you.

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